

Family Newsletter

THIS MONTH'S THEME All About Me

This month, your child will discover how wonderfully made they are. They will explore body parts, experiment with the five senses, design clothing and learn how to take care of their own needs. Your child may bring home a variety of projects to share with you. You might enjoy asking questions, like "Can you tell me about what you made? What did you enjoy most? Where would you like to display your work?"

BASICS TO REINFORCE AT HOME

LETTERS Ff, Mm, Aa, Pp, Tt, Oo

NUMBERS 1 & 2

FOREST FRIEND TRAIT Kind

COLOR & SHAPE Brown Circle

Look for the daily
notes about your
child's art projects!

Today I made a self-portrait.

I studied a self-portrait. Then I tried to draw all of my features, including my nose, eyes, ears, and mouth. I used a mirror to learn many things about my reflection.



Today I made a puppet.

I created a puppet today with a paper bag. I chose how I wanted to create its face and body. I can play with my puppet and make it talk.



★ Master Skills Time ★

Dramatic Play at Home

Your child loves to imitate your actions. This is both a natural and an important part of learning. When children role-play, they practice problem-solving and make sense of the world around them. Simple household items and everyday materials can inspire dramatic play and encourage creativity at home.

Dramatic play prop ideas:

- **Gather old dishes, clothes, jewelry or other household items** for pretend play.
- **Recycle or reuse materials** to create new props. For example, a PVC elbow can become a pretend telephone.
- **Save empty food containers** for use in a pretend kitchen or store.
- **Add clay, playdough or other sculpting materials** to encourage creativity during pretend play.
- **Cut out photos, characters** from cereal boxes or drawings to create play people or simple puppets.
- **Choose open-ended toys** with multiple pieces to encourage imaginative play and creativity.
- **Use boxes, baskets or containers** to help store and organize dramatic play materials.

Help your child collect items for role-playing as pirates, astronauts, rock stars and more. Adding new dramatic play materials over time can inspire creativity and imaginative play.





Family Activities

RECOMMENDED READS

Cuddle Up

WITH A GOOD BOOK

I Am Enough
by Grace Byers

Whose Knees Are These?
by Jabari Asim

My Five Senses
by Aliki

You Can't Smell a Flower with Your Ear!
by Joanna Cole

Suki's Kimono
by Chieri Uegaki

Do Not Lick This Book
by Idan Ben-Barak

You Are a LION!
by Taeun Yoo



Photo Swap

Look through baby photos of family members together. Talk about similarities and differences you notice in the pictures, such as clothing, facial features, colors or the people included in the photos. If possible, find photos of older family members at around the same age as your child. Share stories and memories from when you were little.



Family

(Sing to the tune of "Mary Had a Little Lamb.")

Use your child's name to sing the song below. Hug after the song.

**Mary has a family, family, family.
Mary has a family,
That loves her very much.**

